

Our Vision Statement:

Working together to create a community where infant, child and youth mental health is recognized as a key determinant of overall health and well-being, and where children, youth and families grow to reach their full potential.

-Adapted from Ontario's Policy Framework for Child and Youth Mental Health

Our Mission Statement:

Cornwall Community Hospital's Child and Youth Mental Health Services, in its role as Lead Agency for the SDG Service Area, engages a range of system partners including youth and families for the purpose of coordinating service planning for the infant, child and youth mental health and addiction sectors.

WELCOME TO OUR NINTH NEWSLETTER

We are pleased to issue our ninth newsletter to share our progress in **Moving on Mental Health** in Stormont, Dundas, and Glengarry. All of our newsletters in English and French are posted on the Cornwall Community Hospital (CCH) website under *Child and Youth Mental Health Services*. You can click on the link below to bring you to the newsletters as well as link directly to the Ontario government website for provincial updates:

<https://www.cornwallhospital.ca/en/ChildrenMentalHealth>

UPDATED MULTI-YEAR PLANNING

Although we remain in challenging times due to COVID-19 pandemic pressures, the Cornwall Community Hospital (as lead agency for the SDG service area) has continued to work towards realizing the vision for infant, child and youth mental health by building on the solid planning foundation and the work underway in our community for a number of years. In developing our updated Multi-Year Plan we reviewed our progress, identified completed tasks and gathered input from stakeholders on gaps, priorities and key activities for the coming years.

HIGHLIGHTS OF COMPLETED WORK

- Promotion of Francophone services with the Ma liste, ma santé website and video: <http://malistemasante.ca/stormont-dundas-glengarry/>
- Collaboration and partnerships such as: integration between addiction and mental health; transitions to and from regional and local community services; partnering with physicians on neonatal and postpartum care; and Youth Wellness Hub bringing multiple agencies together.
- New / expanded services such as: integrated crisis support services; mobile police / crisis response teams; increased staffing capacity for infant and early years and Dialectical Behavior Therapy (DBT) at Cornwall Community Hospital.
- Innovations such as: increased use of technology and virtual solutions, which provide another treatment modality for children, youth and families.

**For more information,
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**Child and Youth
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SERVICE AREA PRIORITIES

CHILD AND YOUTH MENTAL HEALTH CORE SERVICES PRIORITIES:

- **Enhancement of Intensive Services** – With the closure of mental health beds in our community, there is an opportunity to explore other intensive options such as in-home intensive treatment, expanded day treatment and/or short-term residential services.
- **Enhancement of Crisis Services** – For children, youth and families experiencing an imminent mental health crisis, support is needed to help stabilize the situation, de-escalate risk, decrease severity of symptoms and mobilize supports. This could be an option built into the short-term residential beds.
- **Enhancement of Specialized Services** – Enhancing our service area’s capacity to provide specialized assessments and interventions locally in English and French through: building capacity for treatment interventions for complex mental health issues; expansion of Ontario Structured Psychotherapy Program; and recruitment and training of qualified Francophone staff.

PRIORITIES TO ADDRESS COMMUNITY MENTAL HEALTH GAPS:

- **Infant and Early Years Mental Health Pathways** – Enhancing and promoting care pathways to ensure a coordinated, collaborative community-based approach to meet the unique needs of children under age 3.
- **Creation and Promotion of Pathways to Services including primary care** – Regional project on coordinated access – Ontario Health Team Kids Come First - 1Call1Click <https://1call1click.ca/en/index.aspx>; and Implementation of Ocean E-referral for primary care.

ANNOUNCEMENTS

Leadership Changes

Deena Shorkey, Director Child and Youth Mental Health Services retired at the end of December 2021. In line with the provincial direction provided in “Roadmap to Wellness”, CCH will continue along its path of integration to provide quality services across the lifespan. Ann Zeran is the Senior Director, Community Addiction & Mental Health Services.