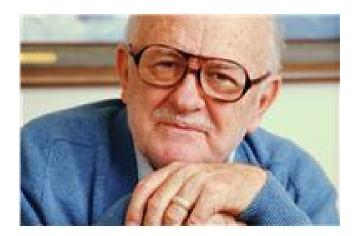
Did you know that CCH has a Geriatric Day Hospital?



Do you, or someone you know, have concerns regarding any of the following;

- falling
- decreased general mobility
- understanding medications
- preparing meals
- dressing and bathing
- safety at home
- living arrangements
- mood
- memory
- loneliness & isolation
- physical activity

Geriatric Day Hospital

What are we?

- A program for seniors who require interdisciplinary professional care Who are we?
- The team includes, a nurse practitioner, physiotherapist, occupational therapist & mental health counselor
- Duration of our program?
- Program duration is 10 weeks, two mornings a week (Tuesday & Thursday 9h00-11h30)

What do we do?

Promote healthy living Achieve/maintain a level of independence Provide PHYSICAL and COGNITIVE exercise Encourage socialization Provide support and education Address medical, functional & social issues



Our daily agenda includes;

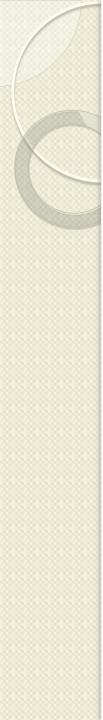
- Discussion of current events
- Cognitive stimulation & remediation
- Group exercise
- Individual cardio exercise
- Education sessions



Admission Criteria

Deemed an appropriate candidate following the teams intake process +

- Clients must be 65 years or older
- Clients must require the services of at least two of our disciplines
- Clients must be willing and able to participate in a group setting (including group exercise)
- Clients must be able to manage their own continence



In conclusion ...

The Geriatric Day Hospital is a client centered, collaborative and rehabilitation focused program.

Through individual and group reconditioning, our goal is to support the person in the community, to be safe, happy and as functional as they can be.



Contact Us

Geriatric Day Hospital 840 McConnell Ave. (613) 932-3300 extension 2041 geriatrics@cornwallhospital.ca

