



Cornwall Community Hospital  
Hôpital communautaire de Cornwall



## **Geriatric Day Hospital**

Outpatient Services for Adults aged 65  
years and over

**Cornwall Community Hospital**

Level 4 Room 4419  
840 McConnell Ave.  
(613) 938-4240 ext. 2041

## Geriatric Day Hospital

Are you, or someone you know, concerned about:

- Falling
- Finding it harder to move around
- Understanding medications
- Preparing meals
- Driving
- Dressing and bathing
- Safety at home
- Living arrangements
- Mood
- Memory
- Loneliness / isolation
- Decreased physical activity

We can help.



### Who are we?

The Geriatric Day Hospital is a program that helps adults aged 65 and older to be healthy and independent. The program is funded by the Regional Geriatric Program of Eastern Ontario. There is no charge to attend.

Our goal is to help you be healthy, independent, and safe, so you can stay in your home as long as possible.

We work with you to:

- Promote healthy living
- Achieve or maintain your independence
- Provide exercises for your body and mind
- Encourage social interaction
- Provide support and education
- Link you with community support



## Geriatric Day Hospital

Our team of health care professionals works with you, your family doctor, your family members, and/or your caregivers to develop a care plan that suits your needs.

Our team includes:

- Physician Consultants
- Nurse Practitioner (NP)
- Physiotherapist (PT)
- Occupational Therapist (OT)
- Mental Health Counselor (MHC)
- Personal Support Worker (PSW)
- Secretary
- Volunteers





### **What do we do?**

We offer:

- Individual assessments with our healthcare professionals. We assess memory, how you function in your daily life, including driving, mobility, medication management etc.
- Group : A 7-week program Tuesday and Thursday mornings 9:00 - 11:30 a.m.
- Caregiver information sessions
- Cognition clinics

### **How can I get an appointment?**

Your doctor, the geriatric assessment outreach team, or any other healthcare professional can refer you to the Geriatric Day Hospital.

Your first visit will be for a 1 ½ hour assessment with the Nurse Practitioner.



### **Who is this program for?**

The Geriatric Day Hospital is a free service for adults, aged 65 or older. To get the most out of your experience at the Geriatric Day Hospital, you should be able to participate in the activities the program offers.

### **We want to hear from you**

Hearing from patients and families is the best way to improve the care and services we provide. Please feel free to contact the Director, Chronic Disease Management at 613- 938-4240 extension 1991.

## Geriatric Day Hospital

For further information please contact:

**613-938-4240 ext. 2041**

**[geriatrics@cornwallhospital.ca](mailto:geriatrics@cornwallhospital.ca)**

We are located:

Cornwall Community Hospital

840 McConnell Avenue, Level 4 East